

# 2024 Women & PD Conference With PAACI

(The Parkinson's Awareness Association of Central Indiana)

**Saturday, July 27, 2024**  
**MCL at 2370 W. 86th St., Indpls., IN**  
**(At Township Line Rd.)**

**“Gaps in Care and Management of Women with Parkinson’s Disease” with Dr. Indu Subramanian, Movement Disorder Specialist**  
**Including: a silent auction, vendor tables and an exercise break**

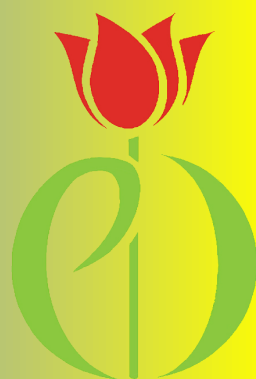
## **Here’s Part of Dr. Subramanian’s Story:**

Dr. Subramanian became a doctor at the Department of Veterans Affairs (VA) and started as a resident in Neurology at UCLA. She worked with the VA in outpatient clinics and fell in love with the population of patients. She comes from a family full of doctors and medicine is in her blood. Working at the VA, Dr. Subramanian felt she was truly able to make a difference with PD patients and gets tremendous gratification helping people who served our country.

In 2000 she started the movement disorders clinic at the West Los Angeles VA and in 2015 she became Director of the SouthWest PADRECC. PADRECCs are Parkinson’s centers of excellence in the VA, whose mission is to care for veterans with PD. Since Dr. Subramanian works in a multidisciplinary clinic she is able to share ideas with other clinicians and a patient can be seen by a neurologist, a geriatric psychiatrist, a geriatrics fellow, a neuro-pharmacist and a nurse coordinator all in one clinic visit. We can really delve into issues caused by non-motor symptoms such as depression, anxiety, and apathy to improve quality of life for their patients.

Dr. Subramanian enjoys treating PD patients in novel ways. Since the VA is open to integrative medicine approaches it allows vets access to acupuncture, yoga, Tai Chi, mindfulness, and health-coaching.

Having a purpose in life is so central to the wellness of the human condition and Dr. Subramanian feels lucky to have found her purpose in caring for veterans with PD. She laughs a lot and cries sometimes, but know’s she really gets to make a difference and is inspired everyday by her patients and their families.



**Registration requested. Please contact Sheri at [sheripaaci@yahoo.com](mailto:sheripaaci@yahoo.com) or by calling 317-255-1993. Free event. All participants purchases whatever they choose eat and drink.**

